

Updated COVID Guidance for JACS

Persons who test positive for COVID

should remain at home for at least 5 days and isolate from others. Persons may return to school after 5 full days of isolation if fever free for 24 hours (without fever reducing medications) and symptoms are improving. If the individual did not have symptoms, he/she may return to school after 5 days of isolation. If person was severely affected, consult your doctor before returning to school. All individuals returning to school should have a negative COVID test (from a medical facility) taken on or after day 5 and wear a mask for the remainder of the 10-day isolation period.



Calculating Quarantine

The date of your exposure is considered day 0. **Day 1 is the first full day after your last contact with a person who has had COVID-19.**

If you were exposed to COVID-19 and are **NOT up-to-date** on COVID-19 vaccinations

Quarantine for at least 5 days

Stay home

Stay home and **quarantine** for at least 5 full days. Wear a well-fitted mask if you must be around others in your home.

Get tested

Even if you don't develop symptoms, get tested at least 5 days after you last had close contact with someone with COVID-19.

After quarantine

Watch for symptoms

Watch for symptoms until 10 days after you last had close contact with someone with COVID-19.

Develop symptoms?

Isolate immediately and get tested. Continue to stay home until you know the results.

Take precautions until day 10

Wear a mask

Wear a well-fitted mask for 10 full days any time you are around others inside your home or in public. Do not go to places where you are unable to wear a mask.

If you were exposed to COVID-19 and **are up-to-date** with vaccination OR had confirmed COVID-19 within the past 90 days (you tested positive at a medical facility)

1. No quarantine

You do not need to stay home **unless** you develop symptoms

2. Get tested

Even if you don't develop symptoms, get tested at least 5 days after you last had close contact with someone with COVID-19

3. Watch for symptoms

Watch for symptoms until 10 days after you last had close contact with someone with COVID-19

4. Develop symptoms?

Isolate immediately and get tested. Continue to stay home until you know the results.

Take precautions until day 10

Wear a mask

Wear a well-fitted mask for 10 full days any time you are around others inside your home or in public. Do not go to places where you are unable to wear a mask.

Testing requirements

JACS requires COVID testing completed by a medical facility. In-home tests are not accepted forms of COVID tests.