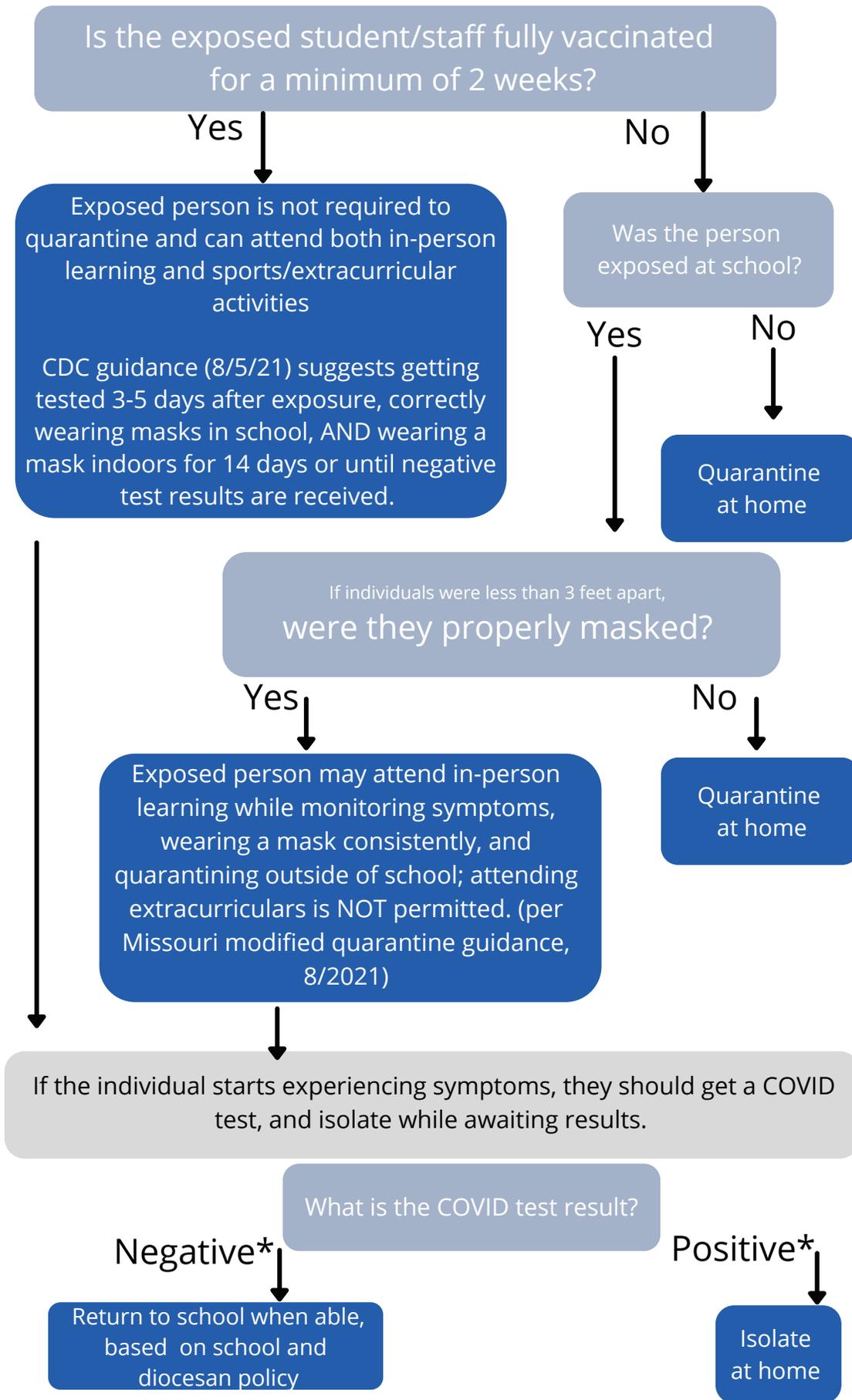
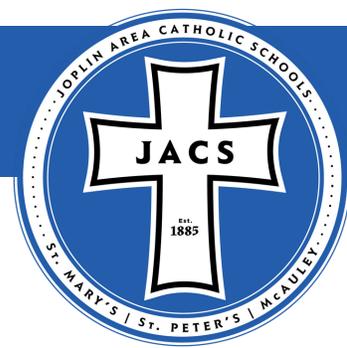


# When to Quarantine After Exposure to a Case of COVID-19



**Covid-19 Exposure**  
Exposure is defined as being within 6 feet of a person diagnosed with COVID-19 for a cumulative total or more throughout a 24-hour period starting from two days before illness onset (or, for asymptomatic people, two days prior to test specimen collection) until the infected individual meets criteria for discontinuing home isolation. Per revised guidance, individuals who were within 3-6 feet of a person diagnosed COVID-19 in a K-12 indoor setting are not considered close contacts if both the infected individual and the exposed individual correctly and consistently wore well-fitting masks the entire time.

**Quarantine**  
The practice of separating individuals who have had close contact with someone diagnosed with COVID-19 to determine whether they develop symptoms or test positive for the disease. Contacts to positive cases should quarantine for 10 days with the ability to test out of quarantine on day 7 (test must occur on day 5 or later). Vaccinated individuals and those who have recovered from COVID-19 within three months do not need to quarantine while asymptomatic.

**Isolation**  
Separating individuals diagnosed with COVID-19 from others who are not sick to prevent further exposures and/or the spread of the disease. The CDC states isolation can end 10 days after symptom onset and 24 hours after being fever-free with no fever-reducing medications. Other COVID-19 symptoms should also be improving.

Joplin Area Catholic Schools - St. Mary's Elementary School, St. Peter's Middle School, McAuley Catholic - is working closely with the Joplin Health Department

\*At-home tests will not be accepted for decisions on isolation and quarantine recommendations.